



3219 Fort Missoula Road
Missoula, MT 59804
406-721-7275

www.montanaseniorolympics.com
adultsports@ci.missoula.mt.us



Welcome to the 36th Annual Montana Senior Olympics!

Missoula Parks & Recreation is thrilled to collaborate with the Montana Senior Olympics Board/Community to host the 36th Annual Montana Senior Olympics. The games will be held June 16-18, 2022, in the beautiful Missoula Valley. Our host site is Fort Missoula Regional Park (FMRP), which offers participants 156 acres of exciting recreational opportunities.

We hope that you take time to enjoy our parks, trails, open spaces, restaurants, gathering places, and many area attractions while visiting. Thanks for participating in the 2022 Games!

This year is a qualifying year for the 2023 National Senior Games, July 7-18 in Pittsburgh, Pennsylvania.

HOW TO REGISTER

Examine the registration booklet to select the sports you'll be competing in. Check event start times to ensure they don't overlap. When you've made your choices, register online or by mail.

ONLINE REGISTRATION

You will need an email address, password and credit card.

Each individual must have their own record and email address – DO NOT register more than one person in a record.

Log on to www.montanaseniorolympics.com and follow on-screen instructions carefully. After you hit "submit," you will receive a confirmation by email.

Regular registration ends Friday, May 20.

Late registration May 21- June 1st.

MAIL-IN REGISTRATION

Complete the athlete registration forms A & B. Use 1 set of forms per person and sign the Accident Waiver and Release of Liability. Please add an email address for confirmation. Submit a check or money order (U.S. funds please, no credit cards) to Montana Senior Olympics, FMRP, 3219 Fort Missoula Road, Missoula, MT 59804.

ALL mail-in registration must be postmarked by Wednesday, June 1st.

Sincerely,

Anna Bruning

Anna Bruning
2022 Games Director
adultsports@ci.missoula.mt.us
(406) 552-6664

Alex Morrow

Alex Morrow
2022 Games Director
adultsports@ci.missoula.mt.us
(406) 552-6684

2022 Montana Senior Olympics General Information

June 16-18, 2022 • Missoula, Montana

Register online at www.montanaseniorolympics.com

Many thanks to the MSO Board of Directors

| | |
|----------------|------------------------------|
| Games Director | Anna Bruning, Missoula |
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| At Large | Richard Paschke, Missoula |
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Eligibility

Any person, male or female, aged 50 years or older as of December 31, 2022, may participate in the Montana Senior Olympics (MSO.) Athletes may be required to show proof of age (driver's license, etc.) There is no state residency requirement.

Registration information and fees

| | |
|--------------------------------------|---------------------------------|
| Ages 50-84 by Friday, May 20 | \$30 + \$5/event* |
| Ages 50-84 (Online only 5/21-27) | \$40 + \$5/event |
| Ages 85+ | No registration fee, +\$5/event |
| | \$7.50 administrative fee. * |
| Athletes Recognition Dinner | \$14/person |
| 2022 Results/Records/Statistics Book | \$5/copy |

Bowling and Golf Facility Fees, payable at facility

| | |
|-----------------------------|------------------------|
| Bowling: per event, 3 games | Westside Lanes \$7.50 |
| Golf: Green fee/with cart | Canyon River \$59/\$79 |

• No registration accepted after June 1st; sorry, no refunds.

- Applications are not considered complete until the liability waiver is signed and dated.
- Entry confirmation sent if email is provided.
- No registration changes accepted at the event.
- Questions? 406-552-6664, or email adultsports@ci.missoula.mt.us.

MSO Headquarters: Fort Missoula Regional Park

3219 Fort Missoula Rd., Missoula, MT 59804 (Tennis Court Parking Lot)

All athletes must check in at Headquarters. Please check in well before your event to alleviate confusion and save time at venues.

Participants will receive a participant packet, MSO T-shirt, banquet tickets (if ordered), maps, required bib numbers: Track & Field, Cycling, Road Race, Race Walk.

Headquarters Check-In Times

| | |
|--------------------|------------------|
| Wednesday, June 15 | 3 p.m. - 6 p.m. |
| Thursday, June 16 | 7 a.m. - 5 p.m. |
| Friday, June 17 | 7 a.m. - 6 p.m. |
| Saturday, June 18 | 7 a.m. - 10 a.m. |

Age Divisions

- Age division is determined by the athlete's age as of 12/31/2022. Age division for doubles, mixed doubles and 3v3 basketball will be determined by the younger age of all players as of 12/31/2022.
- MSO age divisions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80- 84; 85-89; 90-94; 95-99; and 100+.
- If sufficient numbers are not present in an event, age divisions may be combined, at the discretion of officials.

Awards

Medals awarded to the first three places in each age bracket at the conclusion of each event. Sorry, MSO cannot mail awards/t-shirts.

Athletes Recognition Dinner

Friday, June 17, 6 p.m. Bella Vista Pavilion, FMRP

Social begins at 6 p.m. Drinks courtesy of Pepsi-Cola of Missoula.

Door prizes and program begin promptly at 6:30 p.m.

Buffet dinner served at 7 p.m.

\$14/person - athletes and guests, tickets required.

Equipment

- MSO does not provide sports equipment. Please bring your own track and field throwing implements, archery and horseshoes equipment, paddles, racquets, etc.
- Throwing implements will be weighed at the track before 9 a.m. the day of the event.
- Pole vault equipment not supplied; bring your own pole.
- Balls for tennis, table tennis, pickleball, and badminton shuttlecocks are provided.

Uniforms

- Athletes must wear athletic-type clothing and customary footwear for the sports in which they are competing.
- Bib numbers (where required) must be worn on the front.
- Track shoe spikes must be suitable for a rubberized track.
- Table tennis: No white shirts, non-marking court shoes required.

Amateur Status Professional athletes are not eligible to compete in the MSO in their professional sport until 20 years after they last competed as a professional. They may compete in other sports in which they have not competed professionally. Sponsored athletes are allowed to compete at both State and National levels.

Inclement Weather MSO reserves the right to cancel or postpone events due to inclement weather or other circumstances that make the games unsafe.

Insurance Participants must carry their own medical insurance for any injuries that might occur.

Protests Contact games director.

Scheduling Conflicts Participants entering multiple sports should watch for possible conflicts. Events cannot be delayed to accommodate schedule conflicts.

Transportation Participants must provide their own transportation to and from the various events.

Questions? Please contact Anna Bruning at (406) 552-6664, Alex Morrow at (406) 552-6684 or email them both at adultsports@ci.missoula.mt.us.

Montana Senior Olympics Registration Form – Part A



June 16-18, 2022 • Missoula, Montana Register online at www.montanaseniorolympics.com

Mail-in registration must be postmarked by June 1st.

Ages 50-84 as of 12/31/22

\$30 registration + \$5 per event

Age 85+ as of 12/31/22

Free registration, \$5 per event + \$7.50 administrative fee.

| | | | |
|-------------------------------------|--------------------|--|--|
| LAST NAME | | | |
| FIRST NAME | | MIDDLE INITIAL | |
| DATE OF BIRTH (MM/DD/YY) | AGE AS OF 12/31/22 | GENDER <input type="checkbox"/> M <input type="checkbox"/> F | |
| ADDRESS | | | |
| CITY | | STATE | |
| PHONE | | | |
| EMAIL | | | |
| EMERGENCY CONTACT NAME AND PHONE | | RELATIONSHIP | |

Accident Waiver and Release of Liability

ALL PARTICIPANTS MUST SIGN TO BE ENTERED

In consideration for being allowed to participate in the Senior Olympics, I acknowledge and agree to the following:

I am aware that athletic activities and programs involve inherent risks of physical injury. These dangers present the possibility of serious physical injury, mental trauma or death. I fully realize the dangers of participating in this activity and voluntarily assume all risks, both known and unknown associated with such participation. I further agree to comply with all instructions and directions of the staff and all rules and regulations while participating in this activity.

In consideration for the opportunity to participate, I hereby RELEASE, WAIVE, DISCHARGE and agree not to sue Senior Olympics, its employees and agents, other participants, organizers, volunteers, City of Missoula, Missoula County, Missoula County Public Schools, and all sponsors and sports venues from any and all liability, claims, demands, actions and causes of action arising out of or related to any loss, damage or injury that may be sustained by me or to any property belonging to me, whether caused by the negligence of those released, or otherwise, while participating in the Senior Olympics.

I further agree to defend, indemnify and hold harmless the Senior Olympics, other participants, organizers, volunteers, City of Missoula, Missoula County, & Missoula County Public Schools, and all sponsors and sports venues harmless from any loss, liability, damage or costs, including court cost and attorneys' fees, that may be incurred due to my participation in this activity, regardless of the cause.

In signing this release, I intend to bind my spouse and family members, if I am alive and my heirs, if I am deceased. The representations and agreements herein are contractual. If a claim or suit is brought in violation of this agreement, I or my successors will be liable for the expenses incurred by Senior Olympics, other participants, organizers, volunteers, City of Missoula, Missoula County, Missoula County Public Schools, and all sponsors and sports venues in defending against such claims or actions.

I HAVE READ THIS DOCUMENT AND FULLY UNDERSTAND ITS CONTENTS.

| | | |
|-----------|--|------|
| SIGNATURE | | DATE |
|-----------|--|------|

**Must be postmarked by June 1st. Please complete reverse side, return form and check to:
MSO c/o FMRP, 3219 Fort Missoula Road, Missoula, MT 59804 • 406-721-PARK (7275)**



Montana Senior Olympics Registration Form – Part B

June 16-18, 2022 • Missoula, Montana

Register online at www.montanaseniorolympics.com

Mail-in registration must be postmarked by June 1st.

| | | | |
|--------------------------|--|--------------------|--|
| PARTICIPANT LAST NAME | | | |
| FIRST NAME | | MIDDLE INITIAL | |
| DATE OF BIRTH (MM/DD/YY) | | AGE AS OF 12/31/22 | |
| PARTNER EVENTS | | | |
| EVENT CODE 1 | | PARTNER NAME | |
| PARTNER EMAIL | | PARTNER DOB | |
| EVENT CODE 2 | | PARTNER NAME | |
| PARTNER EMAIL | | PARTNER DOB | |
| BASKETBALL TEAMS | | | |
| BASKETBALL TEAM NAME | | | |
| COACH/MGR NAME | | COACH PHONE | |

| ALL PARTICIPANTS MUST COMPLETE: | | | | | |
|----------------------------------|--------------|------------|--------------------|------------------|-------------------|
| EVENT DESCRIPTION (FROM BOOKLET) | EVENT CODE | DAY | SWIMMING SEED TIME | DAY/TIME | EVENT FEE \$5 EA. |
| <i>(EXAMPLE) BOWLING SINGLES</i> | <i>BOWLS</i> | <i>FRI</i> | <i>20:03 MIN</i> | <i>FRI 10:00</i> | <i>\$5</i> |
| 1. | | | | | |
| 2. | | | | | |
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| 6. | | | | | |
| 7. | | | | | |
| 8. | | | | | |

Need more room? Download additional forms at www.montanaseniorolympics.com or attach a separate piece of paper.

★ FOR FEES AND REGISTRATION, USE YOUR AGE AS OF 12/31/22 ★

| | |
|--|-----------------------------------|
| Total event fees – all ages, \$5/event | \$ |
| Registration fee through May 20 - ages 50-84 only: \$30 | \$ |
| *No registration fee for ages 85+ | |
| Ages 85+ Administrative Fee: \$7.50 | \$ |
| Optional - Athletes Recognition Dinner: \$14/per person | |
| Number attending _____ Last names of guests: _____ | \$ |
| Optional - 2022 Commemorative Results/Records/Statistics Booklet: \$5/copy # of copies _____ | \$ |
| Optional - Donation to Montana Senior Olympics Operating Fund, thanks! | \$ |
| Total Payment (add all rows) | \$ |
| Check Number | |
| T-shirt size <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL | No additional charge for t-shirts |

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